

Fenland Squash Club
HEALTH AND SAFETY

HEALTH AND SAFETY POLICY STATEMENT:

Fenland Squash Club is strongly committed to encouraging our members to take part in squash activities, whilst seeking to ensure that the health, well-being and safety of each individual is managed effectively.

HEALTH AND SAFETY POLICY:

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular recorded risk assessment (minimum annually) of the club premises and all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment and as according to England Squash guidance.
- Ensure that all members are aware of and understand the club's health and safety policy.
- Appoint a competent club member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and made available to all members.
- Provide access to adequate first aid facilities.
- Record any injuries or accidents sustained during any club activity or whilst on the club premises.
- Ensure that the implementation of the policy is reviewed regularly (minimum annually) and monitored for effectiveness.

AS A CLUB MEMBER YOU HAVE A DUTY TO:

- Take adequate measures to ensure that you are in a healthy condition to play.
- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Correctly use all equipment provided by the club.
- Wear protective eyewear at all times on court – this is recommended by the club and the choice not to do so is taken at your own risk.
- Co-operate with the club on health and safety issues.
- Not interfere with or misuse anything provided for your health, safety or welfare.
- Report all injuries, incidents and concerns to the club health and safety officer.
- Understand and acknowledge the levels of risk inherent in participation in training and playing matches.

CLUB HEALTH AND SAFETY OFFICER: Debby Rushton

FIRST AID: Location of first aid facilities: Inside facility on upper level behind court 2 in cupboard.